# KENSALTRI



## WE NEED YOU!

SATURDAY 28TH MAY 2022

FOR A BRILLIANT DAY-OUT AT BLENHEIM PALACE



FOR THE GOOD OF THE 'HOOD

Adult Option 1

### RELAY FUN

Buddy up with three friends to do the leg you like best:

- Swim 750 metres
- · Cycle 19.8km
- Run 5.3km



Raise money for the local charity of your choice



## SUPER SPRINT

Do your own quarter- length, mini-Triathlon

- Swim 400 metres
- Cycle 13.2 km
- Run 2.9km

Adult Option 3

### **SPRINT**

Try the (half) Tri!

- Swim 750 metres
- Cycle 19.8km
- Run 5.4km



BE PART OF A FANTASTIC COMMUNITY SPIRIT



- Done at YOUR speed, in beautiful countryside, with lovely people. We do this together.
- Free swimming lessons and fitness classes

Children's Events with t-shirts and medals

Raise money for any local charity of your choice.

From £59 to enter (60% Discount)

Open to family, friends & charities (over 25 local charities already taking part... and growing!).





WE ARE THE LARGEST GROUP AT BLENHEIM!

## KENSAL TRI

FOR THE GOOD OF THE 'HOOD

SATURDAY 28TH MAY 2022



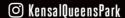
#### www.kensaltri.com

For more information on how to join in with this totally fabulous community event contact kensaltriathlon@gmail.com





@KensalQueensPk



#kensaltri

#forthegoodofthehood



























