

KENSAL TRI



WE NEED YOU!

FOR A BRILLIANT DAY-OUT AT BLENHEIM PALACE

**SATURDAY
28TH MAY
2022**



FOR THE GOOD OF THE 'HOOD

Adult Option 1

RELAY FUN

Buddy up with three friends to do the leg you like best:

- Swim 750 metres
- Cycle 19.8km
- Run 5.3km



Adult Option 2

SUPER SPRINT

Do your own quarter-length, mini-Triathlon

- Swim 400 metres
- Cycle 13.2 km
- Run 2.9km

Raise money for the local charity of your choice



Adult Option 3

SPRINT

Try the (half) Tri!

- Swim 750 metres
- Cycle 19.8km
- Run 5.4km



BE PART OF A FANTASTIC COMMUNITY SPIRIT

- All options are suitable for anyone of any fitness.
- Done at YOUR speed, in beautiful countryside, with lovely people. We do this together.
- Free swimming lessons and fitness classes.
- Children's Events with t-shirts and medals
- Raise money for any local charity of your choice.
- From £59 to enter (60% Discount)
- Open to family, friends & charities (over 25 local charities already taking part... and growing!).



YOU DON'T HAVE TO BE SUPER FIT TO HAVE FUN TOGETHER!



Challenge your friends & neighbours



DONT BE AFRAID TO 'TRI' - EVERYONE WELCOME!



WE ARE THE LARGEST GROUP AT BLENHEIM!

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SATURDAY
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Earlybird & discounted prices



Raise money for local charities AND have a laugh!

www.kensaltri.com

For more information on how to join in with this totally fabulous community event contact kensaltriathlon@gmail.com



@KensalQueensPk



KensalQueensPark

#kensaltri

#forthegoodofthehood

everyone
ACTIVE
Moberly Sports Centre

Lizzie B
Personal Training

RIGBY
MARCHANT

GYM LOCOMOTIVE

STEEPS.
streepsnewsport.com

HEALTHY YOU & COFFEE CLUB
Chore

BAGS
OF LOVE

MARIANGELA
PERSONAL TRAINER

STORMLDN
BOUTIQUE BOXING

MAAM
CENTRE

Winkworth

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DESIGN STUDIO

SANZIO
LONDON

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